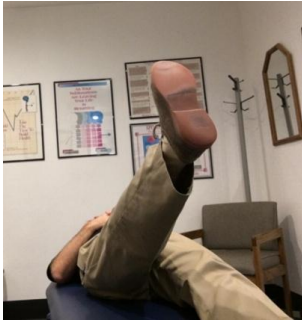


Palliates Leg Extensions for low back pain, 3x per day

Steven Wasserman, RN, DC 562-430-4949 www.adjustm.com

10 count on back (extend leg, up-down, repeat)



10 count on side (extend leg, up-down, repeat)



10 count on front (extend leg, up-down, repeat)

